

SPORTS POLICY

Sports has an important role to play in an educational institution. It has been scientifically proven that participation in sports can lead to improved cognitive functioning and significant physical, social and emotional development. This in turn supports curriculum delivery and contributes to a positive college culture.

This policy provides a framework to support physical education and sports in Janta College, Bakewar It aims to ensure the safe and effective participation of all students in physical education and sports activities. The sports programme in our institution has the following goals.

- Recreation
- Proficiency training to facilitate the development of skills
- Fostering a spirit of sportsmanship
- Encouraging teamwork
- Exposure to a variety of sporting and physical activity

FUNCTIONING OF THE SPORTS COMMITTEE

- The sports committee functions by carrying out meetings of members, planning and execution via discussion on a regular basis keeping in view the academic planner of the college.
- The committee maintains written records of all its internal meetings, decisions, plans sports schedules, expense etc.
- The sports committee stays in contact with the external organizers of different sports events so that the students may be promoted for it.
- The day to activities like learning and practice of sports are carried out in the guidance of the physical educator and supervision of the committee convener and members for the students in the respective grounds and the gymnasium.

DIFFERENT SPORTS PROMOTED BY THE COLLEGE

The sports committee is involved in promotion of sports at their levels in the college enumerated below.

Regular Sports:

these involve the sports like badminton, table tennis, cricket, chess, volleyball, Kabaddi, Carrom, etc which are played and practiced by the students on a regular basis in the college Proper guidance and support is provided to students by the committee member these activities are carried on by students under supervision Physical educator of the college. The students engage in these sports both for recreational aims as well as for developing the skills for emerging strong contenders to join college team.

House Matches -



Inter house matches for the selection of team to participate in intercollegiate.
Competition

Annual sports -

These sports involve the sports activity in which all students of the college complete during the annual sports of the college held once every year, These include a wide range of activities including discuss throw, hammer throw, Javlin throw, high jump, long jump, realy race 100 meter/200 meter, 800 meter, 1500 meter, 5000 meter, racing

The following guidelines must be adhered to:

- Physical educators are responsible for the students in their care at all times
- Physical educators and their players are responsible for seeing that the playing area and surrounding environment is litter-free before and after matches
- Physical educators and captains should thank those who facilitated the event and provided refreshments at 'away' matches.
- For 'away' games, it is the college policy that all players must use transport organized by the college.
- All discipline problems on the sports field will be dealt with by the Committee the chambers / physical educators. Serious misdemeanors must be reported to the Principal /Vice Principal.
- It is the responsibility of Physical educators that all college sports equipment should be cared for properly and returned to its appropriate location after use.
- Appropriate attire must be worn for participation in all sporting events. Lady students should avoid wearing jewelry when participating in competitive sports. They may carry cash and valuables like mobiles at their own risk.
- The college will make reasonable adjustments to provide students the opportunity to access and participate in physical education activities as and when required.
- Students participating in sport events outside the college campus must have consent from their parents / guardians.
- Students are expected to accept the decisions of the match officials, cooperate with teammates, mentors, officials, and opponents. All disagreements must be resolved with the captain, coach, or manager during, before or after the competition.
- Students are expected to obey the rules and take responsibility for their behavior.
- Students should not use foul language or behave in an unsporting manner.
- The captain of the team must lead by example as a model of team spirit, sportsmanship and good behavior.

Principal
Janta College
Bakewar Etawah

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